

Casting

Suggested Number of Volunteers: 3-5

Materials in Activity Tub:

- 15 fishing poles
- Hooks
- Fishing line
- Plastic Fish
- Fish tying instruction sheets

Materials Provided by the Group:

- None

Objectives

Students will:

1. Learn how to cast a fishing pole.
2. Learn how to tie fishing knots.
3. Learn where, and when to go fishing.
4. Learn about fishing regulations.

Background:

Fishing is a fun and relaxing recreation activity. But, when should you go? And, where should you go? And, once you are there, what do you do? This activity will help teach participants how to tie fishing knots, learn about fishing regulations, learn where and when to go fishing, and how to cast a fishing pole.

Procedure:

Before the Activity

Set-out the plastic fish at one end of the casting area. Put the orange cones in a line at the other end of the casting area.

On the activity table, set out fishing hooks and fishing line along with knot tying instruction sheets.

The Activity

1. Explain to participants that they will be casting for plastic fish today. Using the fishing poles, show participants how to cast the fishing pole. Then, let them try. This activity is about allowing participants to learn by doing!

2. At the table, have hooks and fishing line for participants to practice tying fishing knots.

You may also want to have images of common Nebraska sport fish at the table. This will allow participants to learn what fish look like and what they might catch when fishing.

3. As you work with participants, talk with them about Nebraska fishing regulations:

- If you are over 16, you must have a fishing permit.
- You must carry your fishing permit when fishing.
- A permit is required to take fish, bullfrogs, tiger salamanders, or snapping turtles.
- It is unlawful to borrow or use the permit of another or lend your permit to another.

Fishing regulations, continued:

- It is unlawful to leave dead fish or any part

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there of on the banks or in the water of any stream, lake or other body of water.

- It is unlawful to fish on any private land without landowner permission.
- It is unlawful to seine sport fish of any size.

For more information and to view all Nebraska fishing regulations, visit www.outdoornebraska.gov.

Throughout the activity, remind participants to have fun and encourage them to go fishing with their family and friends.

