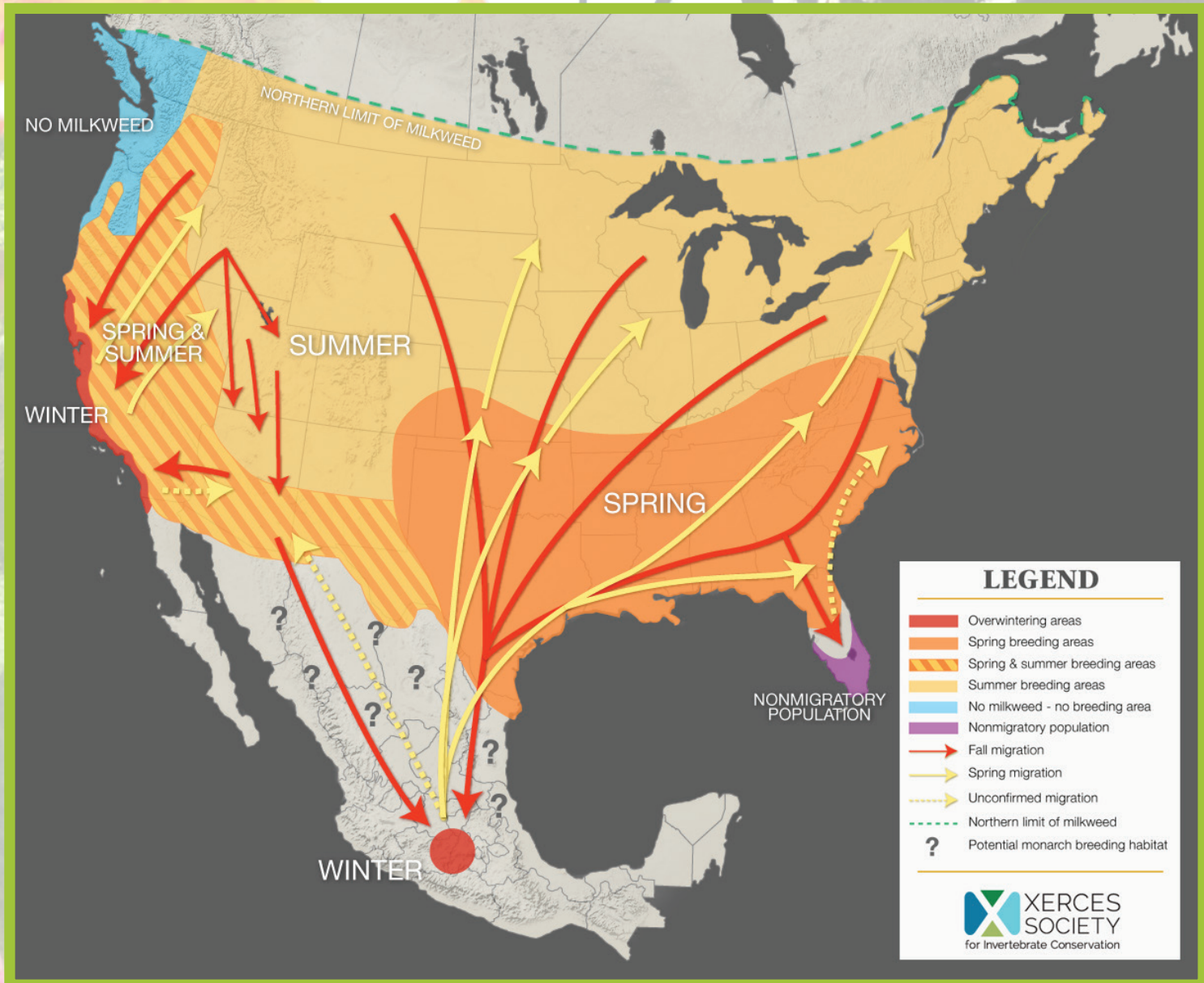


# MONARCHS ON A MISSION

## MONARCH MIGRATION.



Although they are smaller than your hand and weigh less than a paper clip, these fascinating creatures migrate over 1,700 miles between Nebraska and their wintering grounds in Mexico. They average 50-100 miles each day!

So, why do they migrate? Well, as adults, they can not survive the cold winters. And, their larval food - milkweed - does not grow in the north during the winter.

Help a monarch by planting nectar flowers all along their migration route. It's like a monarch rest stop!

